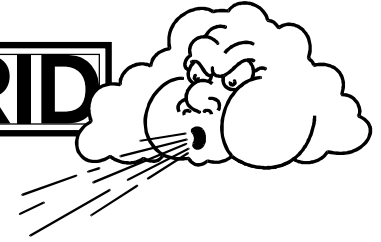


There's no such thing as *bad* weather.  
It's just an opportunity to wear the *right* apparel.

- Ken Sung  
co-owner, Gazelle Sports



# DRESS-for-the-WEATHER GRID



		HEAVY Precipitation	MODERATE Precipitation	LIGHT Precipitation	DRY
T E M P E R A T U R E 20° - 40°	Outer Layer	Waterproof or breathable water resistant jacket & pant	Waterproof or breathable water resistant jacket & pant (or tight)	Water resistant/breathable jacket & tight (or pant)	Breathable jacket & tight (or pant)
	First Layer Insulation	Lightweight	Lightweight	Lightweight	Lightweight
	Accessories	Water resistant & breathable	Water resistant & breathable	Thermal/optional	Optional
T E M P E R A T U R E 0° - 20°	Outer Layer	Waterproof or breathable water resistant jacket & pant	Waterproof or breathable water resistant jacket & pant (or tight)	Breathable water resistant jacket & tight (or pant)	Breathable jacket & tight (or pant)
	First Layer Insulation	Midweight and/or lightweight	Midweight and/or lightweight	Midweight and/or lightweight	Midweight and/or lightweight
	Accessories	Gloves & headgear: Waterproof, plus thermal	Gloves & headgear: Waterproof, plus thermal	Gloves & headgear: Windproof, plus thermal	Gloves & headgear: Windproof, plus thermal
T E M P E R A T U R E -20° - 0°	Outer Layer	Waterproof or breathable water resistant jacket & pant	Waterproof or breathable water resistant jacket & pant	Breathable water resistant jacket & tight (or pant)	Breathable jacket & tight (or pant)
	First Layer Insulation	Midweight, plus fleece	Midweight, plus fleece	Midweight, plus fleece	Midweight plus fleece
	Accessories	Gloves & headgear: Waterproof, plus thermal	Gloves & headgear: Waterproof, plus thermal	Gloves & headgear: Windproof, plus thermal	Gloves & headgear: Windproof, plus thermal

## Helpful Hints

- 1. Work with the wind**  
Begin your activity against the wind so the wind will be at your back on the return trip. You will be less likely to get chilled from perspiration.
- 2. Resist the urge to overdress**  
If you don't feel slightly chilled during the first five minutes of your activity, you may be overdressed.
- 3. Hat and gloves**  
Always keep them with you so you'll be ready for sudden changes in the weather.



Wind Chill Factor  
10 mph wind = a temperature drop of about 15°  
15 mph wind = a temperature drop of about 20°  
20 mph wind = a temperature drop of about 25°  
30 mph wind = a temperature drop of about 35°